



August 26, 2024

Dear Parent/Guardian

As part of the NC Essential Standards Healthful Living (Health/PE) Curriculum, all Mendenhall Middle School Students will study the Reproductive Health and Safety Education (Family Life) Unit. The Family Life Unit will be taught during your child's Health Class.

1st Semester Classes begin:

Mendenhall Middle School

George Green
Principal

John Brown
Assistant Principal

Whitney Killian
Assistant Principal

Edgar Zimmerman
Assistant Principal

(McGraw) Tuesday, September 3, 2024, with HRT Mrs. McLean
(Rogers) Monday, September 23, 2024, with HRT Mrs. McLean
(Wilson) Tuesday, October 29, 2024, with HRT Ms. Davis

2nd Semester Classes begin:

(Wilson) Tuesday, March 18, 2025, with HRT Ms. Davis
(McGraw) Monday, April 21, 2025, with HRT Mrs. McLean
(Rogers) Monday, May 12, 2025, with HRT Mrs. McLean

Please feel free to explore the **Interpersonal Communication and Relationships (ICR)** portion of the NC Healthful Living Standard Course of Study:

<https://files.nc.gov/dpi/documents/curriculum/healthfulliving/new-standards/healthful-living/6-8.pdf>

The Family Life Unit is a 14-day session for 7th & 8th grade students. Topics of discussion during the 7th & 8th grade classes include sexual abstinence until marriage, male and female reproductive systems, risks of premarital sexual activity, the prevention of unintended pregnancy and sexually transmitted diseases, as well as sexual assault. Methods of contraception are also taught ONLY in the 8th grade.

6th grade students are taught in a brief 3-day session on effective communication, decision-making skills, and puberty.

Please discuss the importance of the Family Life Unit with your child. If you have any questions or concerns about the Family Life Curriculum or would like to view the materials, you may reach me by email or call 336-545-2000 to schedule an appointment.

Sincerely,

Sylvia McLean

Sylvia McLean
GCS Health Resource Teacher
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